



## MEETING EVERY SUNDAY AT 11.00 AM AT GRAND SOLE HOTEL, PATTAYA 2ND ROAD

### THE HONORARY BOARD ADVISORS:

Pattaya Expats Club are honoured and happy to have the support and advice from a number of Thai dignitaries. In the following find a list of the people who constitute the Honorary Board Advisors to Pattaya Expats Club.

Lt. General Suchin Suthiphong  
Lt. General Chatchai Tammaraksah,  
Khunying Tidarat Tammaraksah  
Khun Ittipol Khunplome, Mayor of Pattaya City  
Khun Niran Wattanasartorn, Former Mayor of Pattaya City  
Khun Chanyut Hengtrakool, Former Member of Parliament  
Pol. Col. Nopadol Wongnorm, Superintendent of Pattaya Police  
Pol. Col. Ittipol Ittisanronnachai, Superintendent of Pattaya Immigration Police,  
Pol. Lt. Col. Suwan Ounanan, Pattaya Tourist Police Chief,  
Khun Sansak Ngampiches, Owner of Grand Sole Hotel and senior politician in Pattaya  
Khun Revat Pholookin, Senior politician in Pattaya  
Dr. Sanya Viravaidya  
Owner of Pattaya International Hospital  
Khun Sanga Kitsamrej, Owner of the SK Group of companies and President of UPE  
Khun Surat Mekavarakul, Owner of Mike Business Group  
Khun Paisan Bundityanon, Owner of Rabbit Resort Pattaya  
Khun Somchai Manothavorn, Advisor to the Mayor of Pattaya  
Khun Sopin Theppajug, Owner of Diana Group of companies  
Dr. Prasan Stianrapongs, Specialist in Preventative Medicine at Bangkok Pattaya Hospital  
Kru Yodthong Senanan, most respected teacher of Thai Boxing  
Khun Suttikorn Jearpaitoon,

Owner of Alangkarn Pattaya  
Khun Sucreep Krajai,  
President of Esarn Association Pattaya  
Khun Kamla Benjawanich  
Former President of Esarn Association Pattaya  
Lt. Gen Padoongsaak Padoongnoradaid  
Khun Ronnakit Aegasing  
Khun Poonpol Kamutitra

### BOARD OF TRUSTEES:

Niels Colov, President & CEO  
Pete Mills, Vice-President, Webmaster & Founder  
Richard Ravensdale, Vice-President, Meeting Manager  
Michael Mayne, Treasurer  
Colin de Jong, Charity Chair  
Bruno Keller, Manager, German Language PEC.  
Paul Sinclair  
Brian Maxey, Helpline  
William Hurdell  
Khun Laddawan Yingyong  
Jahir Khan  
Arvid Tviberg, Memberships  
Erwin Schlotmann,  
Andi Glockl,  
Theo Hitz.  
*Co-Founder of Pattaya Expats Club:* Preben Hansen  
*Pattaya Expats Club Co. Ltd. Directors:*  
Michael Withers, Herman van Gucht and Frans Moret

### Members of the Volunteer "Production Team":

Capt Dechasa Tonsung-nern,  
Alexander Valentine, Striprai Mayne, Darren McGarry, Ossi Viljanen (Head Pro, Golf Section, Finnish Language Section), George Page, Ralf Haberl, John Coughtrie

### PATTAYA EXPATS CLUB

Established 2001  
Website:  
[www.pattayaexpatsclub.com](http://www.pattayaexpatsclub.com)  
[info@pattayaexpatsclub.com](mailto:info@pattayaexpatsclub.com)  
Pattaya Expats Club Co. Ltd.  
Tel. 0-8960-43646  
E-Newsletter FREE to all - submit your first name & email address on the home page of PECs website and it will be emailed to you each week. Or to view it on-line, go to Current Newsletter page.

Our Meeting Manager is **Jahir Khan**, ensuring all the many segments form an interesting and memorable meeting.

Club News & Notices will be presented by **Richard Ravensdale** with a roundup of just about anything & everything affecting our club and it's members living in Pattaya.

Our Main Speaker (22 June) is **Dr Anan Buranavanich**, head of the 'Law Enforcement Investigation Organization' (LEIO) throughout Thailand. He will explain that all Thai Citizens and Foreign Visitors have equal Human Rights under the Law as defined in the Constitution, which encompasses the spirit of the requirements of the Charter of The United Nations. The Constitution is a public statement of fundamental laws.

LEIO was set up in January 2003 as the body responsible for investigating a complaint against any Officer or Government Department, according to The Constitution. Basically this means that if someone's Basic Human Rights

### MEETING PROGRAMME FOR SUNDAY 22 JUNE 2008

are violated they may complain to LEIO and an investigation will ensue, with a publicly stated result.

Our Regular Feature this week is our own expert on the world of cyberspace Steve Dickens. Steve will again endeavour to enlighten us on the useful (and not so useful) Hardware & Software available in our fair city, and on the internet. Just because it's the 'latest' doesn't necessarily mean it's the 'best'!

After that it's the famous Open Microphone Forum, moderated this week by club member **John Coughtrie**. This feature goes back to the origins of the club, around 2001. It's a lively exchange of information and advice, with a little humour, from Asia hands and 'expat experts' in the audience - for all those practical questions on life in Thailand in general, and FunTown in particular.

Why not join our Badminton group - currently played by our members at Diamond Badminton Centre on Pattaya Third Road, near Soi 17 traffic lights, Thursdays 18.30 pm.

Free 'Computer for Beginners' class each Wednesday 0900. Free 'Computing - Intermediate Level' class each Thursday 0900. another good reason to be a member of PEC.

The PEC's free 'DVD and Book Swap' table, on the left as you enter the meeting room, is a 'member to member' service. Donate some stock and take 1:1. Please bring those books, magazines and DVD's you've already enjoyed, and swap them. Our DVD stock is shrinking - we're watching you! Please be fair - This is a SWAP scheme!

PEC has an Emer-

gency Helpline, PEC, EH! 089 604 3646. For legal emergencies, please call Lawyer **Khun Katrena Wannasakda** 089 244 0709. Katrena will attend the meeting each first Sunday in the month for information & general advice.

A CPR-trained Thai nurse is part of the Pattaya International Hospital Health Desk team in our foyer each week. In the event you feel unwell, make your way to the Health desk or alert staff immediately. Hospital admission, if needed from the Club, is just a few minutes in either direction, at Memorial (Pattaya Central Rd) or PIH (Soi 4).

Club TV Reports. PEC meeting reports are given a generous segment on **Pattaya People Channel**, (Sophon cable Tv Ch6). You can also view this resource via your PC or laptop, by scrolling down past the news homepage stories on [www.pattayapeople.com](http://www.pattayapeople.com) to the bottom of the page. On left-hand side click on the photo for weekly links to view any one of a library of meeting video clips. More TV - Tune in to Pattaya's 1hr variety show Tropical Lifestyle Television on Sophon Cable television (Sophon cable Tv Ch40-367Mhz) at 6pm, new episodes each week, bringing you interesting and entertaining viewing. And now a new second program entitled Tropical Property Pattaya. Produced by club member Alexander Valentine, one of PEC's 'Regular Feature' presenters. ([www.tropical-lifestyle.com](http://www.tropical-lifestyle.com))

Tune into **Pattaya's Premier radio station**, 'Yes2Day', on 96.0 Mhz-FM. The station features community news sponsored by PEC along with classic 70s & 80s rock music. Music - local informa-

tion - International news - and upcoming PEC programme information! Listen live in Pattaya, 96.0 FM, and around the world via the Internet. ([www.pattayapeople.com](http://www.pattayapeople.com))

The Club's fishing trips are organised every month by **James Duffy**, call 084-8717649. Trips leave 4am and return 6pm, usually from Sattahip, next trip Wednesday 25 June.

To receive our weekly e-newsletter, subscribe via our website home page. Down the page you'll see entry boxes for your name and e-mail address. When you receive a confirming e-mail, click on the link to start receiving the newsletter. ([www.pattayaexpatsclub.com](http://www.pattayaexpatsclub.com))

Another great reason to be a member and attend the Pattaya Expats Club is that at regular 'spots' during our Sunday Meeting, Lucky Draw prize tickets are drawn for PEC special promotional offers from a range of businesses around the city. Known prizes for the coming season are: **Globetrotter** dinner for 2, value b1200 - **Jamesons** carvery for 2 - **Little India** dinner for 2, value b500 - **The New Inn** food & drink, value b500.

And to aid your recovery from such gastronomic extravagance, the following health offers are: **The Nutrition Club** health assessment and treatment plan, value b1500 - **SOQI Spa** one week evaluation and de-tox, value b2000 - **Dr Kamrajit Clinic**, wellness diagnosis via acupressure, value b1550. All winners must produce a valid PEC membership card.

We meet at the **Grand Sole Hotel**, 2nd Rd. Speakers from 11:30 am, with the optional brunch available from around 10:30 am (Doors Open) till after 12 noon. Entry costs just **80 baht for members**, and **100 baht for the general public**, brunch included. We enjoy excellent technical presentation facilities within the Grand Sole Hotel function room, one floor up from the entrance.

In the Foyer Area outside the meeting Hall you can

### PEC Visa Advice Desk

Darren McGarry from Key Visa Company attends Pattaya Expats Club on the "Visa & Immigration Information Desk" with all the latest updated information to answer all Club members queries.

### PEC CORPORATE SPONSORS

**Pattaya International Hospital**  
**Nutrition Club Co. Ltd**  
**Key Visa Co Ltd**  
**AA Insurance Brokers Co Ltd**  
**WOW! Waiter On Wheels**

### Association of Thailand Expats Clubs

Pattaya Expats Club: 0-8960-43646.  
[www.pattayaexpatsclub.com](http://www.pattayaexpatsclub.com)  
Chiang Mai Expats Club: 0-8532-10273  
[www.chiangmaieexpatsclub.com](http://www.chiangmaieexpatsclub.com)  
Koh Samui Expats Club: 0-8189-45323.  
[www.samuiexpats.com](http://www.samuiexpats.com)  
Scandinavian Expats Club of Pattaya: 0-8152-36080.



peruse our 'Expats Expo' table displays containing in-depth information from regular expert contributors in their field, from around 10:30, along with programme announcements. **Life Membership** for PEC is just 600 Baht, bring two very small 'ID-card' photos and your card is prepared at the same meeting by our membership co-ordinator.

The **Pattaya International Hospital** table usually includes regular **FREE testing of blood group and blood pressure**, and on the first Sunday of each month **blood-sugar level tests**. (a blood sugar test requires fasting for around 8 hours prior to the test). We wish your life-membership to be long & happy!

**Nutrition Club Co Ltd** representatives are always on hand to assist you to a more healthy and stress-free lifestyle, weight loss suggestions and diets. Nutrition questionnaire and tests on the spot in the club foyer each week, call 038427742.

**Khun Neng of AA Insurance** - including the club member's own 'low cost group health policy', now in its fourth year with a premium of 16K3 baht - please show your member's card to apply. Renewals are permitted at the meeting. They also have a range of policies for those over 65 years of age. Also property, house contents and vehicle cover available, call 038415795.

Club sponsor **Key Visa Co Ltd**, represented by **Darren McGarry**, offer our members free advice, in the club house on expats' Immigration queries - please show your members card. Key Visa is starting a monthly update email service for members. Go to their website and sign up ([www.keyvisathailand.com](http://www.keyvisathailand.com))

Just behind the Membership Desk is the sign-up table for the **Pattaya Business Card**. This card is a discount card for personal use and is **FREE to PEC members!** (normal sign-up fee 1000 baht). This is a special PEC Promotion. Apply at the desk and show your PEC membership card.

Plus, our take-away **Information Centre** leaflets, publications and business cards from hundreds of 'member to member services' available in Pattaya, is open until the end of the meeting.

'**Understanding Thailand**' is a book filled with information about visas, banking, accommodation ownership, investment possibilities, com-

pany contacts, how to do and where to find. Originally in the German Language - now translated into English. It's written by a very knowledgeable Pattaya resident, & a PEC member. Available at our **PEC-shop** 499 baht. This is not a travel/tour book.

**Entry Tickets are sold from 10:30 AM** when the meeting hall doors open for seating and catering. The table plan is usually in friendly format tables for eight or ten - so please allow the 'gaps' to be filled by new arrivals at your table. **We are a friendly Expats helping Expats group.**

Some useful long term Club info-bites:

**Membership** is only by personal application at a Meeting of the Club every Sunday. A one-time joining fee of **600 baht** provides a **Photo-ID Card** and Life Membership - no renewals needed. This photo-ID card will secure a reduced Meeting Entrance Fee (20 baht discount), as well as many member services, Lucky Draw etc.

Please offer to help us at the **Pattaya Expats Club meetings**, or in the background during the week. Successful meetings take a lot of preparation and we are urgently looking for Volunteer helpers. You would be welcome to join our **Production Team**, and you may determine your own level

of input. Right now we need some early birds to set-up Foyer items.

**Please dress appropriately for a hotel setting.** A 'tuxedo' is not required, but a **sleeveless athletic vest is unacceptable**, as is a 'see-thru' top. Thai culture is governed by respect, the way you dress reflects how you respect yourself and others.

Notices banning beachwear and vests are on display outside the meeting hall and at the ground floor lobby. Low cost polo-shirts and blue tropical silk shirts with our club logo's are also on sale in the foyer.

The **British Embassy's Pattaya Office** representative **Barry Kenyon** (British Honorary Consul) or his assistant, Khun Sasamon Khempookeau (cell-phone 08 1782 7363) can be found at the Meesen Restaurant, in the Immigration car-park (Jomtien Beach, soi 5), between 0900 and 0930 each Immigration working day. They can provide many services including document authentication

US Embassy local Pattaya representative for emergencies is **Gary Hacker**. Contact 089 803 0388.

Please suggest Feature Speakers for our weekly Meetings. Come up with ideas and contact **Richard**

**Ravensdale, Programme Manager.** Pass on your suggestions, with contact information, and let him arrange the details; **please do not fix dates in advance.** This is not an easy process and your help will ensure you get the speakers/subjects you want. Email: ([pecrichard@yahoo.co.uk](mailto:pecrichard@yahoo.co.uk)).

**Deutschsprachiger Pattaya Expats Club** - Jeden 1 und 3 Samstag im Monat 10:00 Uhr morgens im Konferenzsaal des Wat Chaimongkon an der South Pattaya Road. Jeder ist eingeladen. Fur Info: **Erwin** 08 6009 8497 or **Andy** 08 5095 7077 - Expats helfen Expats - ([www.pattayaexpatsclub.de](http://www.pattayaexpatsclub.de))

**The Finnish Language Section** is a special interest group of PEC. They meet every 2nd Saturday at 11:00am at the JP House, Soi 4 Jomtien Beach Rd, co-ordinator **Ossi**

**Viljanen**, call 0818519620 or email: ([ossivilyanen@hotmail.com](mailto:ossivilyanen@hotmail.com))

Why not come along next Sunday morning (10:30am buffet, 11:30 programme start) to the **Grand Sole Hotel** (in the Thepraya Room, up on the Mezzanine level), 370 Pattaya 2nd Road (north), near the Hard

Rock Hotel, between TOPS supermarket & BIG-C supermarket. Bring a friend.

For location, website & email, see: ([www.grandsolehotel.com](http://www.grandsolehotel.com)) ([www.pattayaexpatsclub.com](http://www.pattayaexpatsclub.com)) ([info@pattayaexpatsclub.com](mailto:info@pattayaexpatsclub.com))

**PEC Free Lucky Draw Prizes**  
Each week provided by: The Nutrition Club, Jameson's Irish Pub, Globetrotter, New Inn, Restaurant, Little India Restaurant, SOQI Spa & Dr Kamaljit Clinic.

**PEC, EH!**  
Pattaya Expats Club, Emergency Helpline.  
A phone service when you are in a crisis, depressed, in trouble and need sound advice from an 'expat.'  
PEC Board Member, Brian 089-604 3646  
Legal Emergencies, Khun Katrena 089-244 9709

**THE GOLF SECTION OF PATTAYA EXPATS CLUB**

- Substantial discounts on almost all golf courses in the wide Pattaya area.
- Every Sunday from 8.30am to 9.30am, free beginners lessons (but more experienced golfers can also improve their swing) at the Pride Driving Range on Sukhumvit Road opposite Pattaya Central Road.
- A big Charity Tournament on various great golf courses from October.

For more info call Ossi Viljanen, Head Pro of the Golf Section Tel.: 0-8185-19620

**CLUB INFO**

**MEMBERSHIP:** New membership cards are laminated at the meeting. Bring 1 passport photograph for a renewal and 2 to become a new Member. Life Membership is 600 Baht.

**DISCOUNTS:** Over 200 outlets offer discounts to members of the Pattaya Expats Club. Visa runs, restaurants, attractions, shops, sporting activities and much more, even beer bars. There is a list on the website.

**HEALTH INSURANCE:** the Club group discount policy from Thai Insurance Co. Ltd., is now the Club's official health insurance policy. It

**A1 Aircon & Supplies Co., Ltd.**  
Pattaya's no1 and best value air conditioning Company.  
Honesty, Integrity, Professional Service  
at a Competitive Price.

- A1 for Price European owned.
- A1 for Service. English and Thai speaking Staff.
- A1 for Quality. Special Offers.
- Free on Site or House consultation.
- Free written Quotation.
- Free service (1) on all units purchased
- Professional Work Guaranteed
- Under new ownership & management since April 2008

Contact our Office at: 0-3871-3843 - 08-7941-6752.  
Website: [www.a1aircon.com](http://www.a1aircon.com), Email: [info@a1aircon.com](mailto:info@a1aircon.com)