



MEETING EVERY SUNDAY AT 11.00 AM AT GRAND SOLE HOTEL, PATTAYA 2ND ROAD

THE HONORARY BOARD ADVISORS:

Pattaya Expats Club are honoured and happy to have the support and advice from a number of Thai dignitaries. In the following find a list of the people who constitute the Honorary Board Advisors to Pattaya Expats Club.

Lt. General Suchinda Suthiphongse
Lt. General Chatchai Tammaraksah,
Khunying Tidarat Tammaraksah
Khun Ittipol Khunplome, Mayor of Pattaya City
Khun Niran Wattanasart-satorn, Former Mayor of Pattaya City
Khun Chanyut Hengtrakool, Former Member of Parliament
Pol. Col. Somnuk Changate, Banglamung Superintendent
Pol. Lt. Col. Suwan Ounanan, Pattaya Tourist Police Chief,
Khun Sansak Ngampiches, Owner of Grand Sole Hotel and senior politician in Pattaya
Khun Revat Pholookin, Senior politician in Pattaya
Dr. Sanya Viravaidya, Owner of Pattaya International Hospital
Khun Sanga Kitsamrej, Owner of the SK Group of companies and President of UPE
Khun Surat Mekavarakul, Owner of Mike Business Group
Khun Paisan Bundityanon, Owner of Rabbit Resort Pattaya
Khun Somchai Manothavorn, Advisor to the Mayor of Pattaya
Khun Sopin Theppajug, Owner of Diana Group of companies
Dr. Prasan Stianrapapongs, Specialist in Preventative Medicine at Bangkok Pattaya Hospital
Kru Yodthong Senanan, Most respected teacher of Thai Boxing
Khun Suttikorn Jearpaitoon, Owner of Alangkarn Pattaya
Khun Sucreep Krajai, President of Esarn Association Pattaya
Lt.Gen. Padoongsaak Padoongnoradaid
Pol. Lt. Col. Songprode Sirisukha
Khun Ronnakit Aegasing, Deputy Mayor of Pattaya

Khun Wutisak Rermkitkarn, Deputy Mayor of Pattaya
Khun Verawat Khakhay, Deputy Mayor of Pattaya
Khun Wattana Chantanawanon, Deputy Mayor of Pattaya
Khun Poonpol Kamuttira

BOARD OF TRUSTEES:

Niels Colov, President, CEO
Richard Ravensdale, Vice-President, Meeting Manager
Jahir Khan, Meeting Manager
Michael Mayne, Treasurer
Colin de Jong, Charity Chair
Bruno Keller, Manager, German Language PEC.
Paul Sinclair
William Hurdell
Khun Laddawan Yingyong
Arvid Tviberg
Brian Maxey,
Erwin Schlottmann,
Andi Glockl,
Theo Hitz,
Leif Dohlen
Co-Founders of Pattaya Expats Club: Pete Mills and Preben Hansen
Pattaya Expats Club Co. Ltd. Directors: William Hurdell, Michael Withers, Herman van Gucht and Frans Moret.

Members of the Volunteer "Production Team":

Capt Dechasa Tonsung-nern, Sriprai Mayne, Pirunya Anuntakool, Darren McGarry, Ossi Viljanen (Head Pro, Golf Section, Finnish Language Section), Dave Wilson, Bob Donald, John Coughtrie, Maria Socorro, John Morris.

PATTAYA EXPATS CLUB

Established 2001

Website:

www.pattayaexpatsclub.info
contact@pattayaexpatsclub.info
Pattaya Expats Club Co. Ltd.
Tel. 084 3489 501

E-Newsletter FREE to all - submit your first name & email address on the home page of PECs website and it will be emailed to you each week. Or to view it on-line, go to Current Newsletter page.

MEETING PROGRAMME FOR SUNDAY 30 MAY 2010

Our Main Feature on 23 May – We are pleased to have Dr. Wara Watananasuchat, General Surgeon from Phyathai Sriracha Hospital.

Dr. Wara will be talking about "Hernias", causes, symptoms and treatment. A hernia is caused when the wall of muscle which protects the internal organs ruptures or splits causing a tear where the internal organs push through

causing a lump to appear at the site of the problem most commonly found in the abdominal and lower region.

Dr. Wara will share symptoms, treatments and all you need to know about Hernia's and how to be back on your feet in no time!

Club News & Notices Every week we have our Club News and Notices. Updates will also be presented by our President, Niels Colov.

Open Mic Forum – This week, **Spencer Allgood** is the moderator who will 'referee' and encourage discussion in our famous **Open Microphone Forum**. The questions are from and answered by our live audience. It's a lively mutual exchange of information, with a little humour and advice from Asia hands and expats in the meeting room. Its not a knowledgeable stage presentation, it's the **PEC Members** programme segment, for all those practical questions on life in Thailand in general, and in Fun-Town in particular. Also during this session if you are new in town or to the meeting, feel free to grab the microphone and introduce yourself to the group and ask any questions you may have.

Club TV Reports. Our PEC weekly meeting content has a generous segment on **Pattaya People Television**, (both Sophon cable, Channel 12 & BTV Channel 4). If you live

outside Sophon & BTV areas view this club resource via your PEC too. Go to www.pattayapeople.com and scroll down to bottom left of homepage past the print new to 'Pattaya expats Club - TV' display and view current meeting report or any of an archive of past meeting report video clips.

PATTAYA PEOPLE TELEVISION is now in Naklua on Banglamung Cable TV (channel 4). Also BTV channel, 5, has radio station "Yes2day - Pattaya People Radio - 96FM".

Life Membership is just 600 Baht and only by personal application at any meeting of the Club. This one-time joining fee provides a **Photo-ID Card** - no renewals needed, and offers many member services, entry to our weekly lucky draw, discounts from some area businesses as well. Bring two very small photos and your card will be prepared and laminated right away by our club staff. Our membership table is open from **1030am until 12 noon. Have you lost your PEC Life Member Card?** We can trace records in our database and via paper application forms, to re-issue a card, for a trace service fee of **100 Baht**. (It is not refundable if we are unable to confirm a previous life membership.)

The **British Embassy's Pattaya Office** representative **Barry Kenyon** (British Honorary Consul, cell-phone 081-782 7363) or his assistant, Khun Sasamon Khempookeau (cell-phone 089-203 1646) can be found at their office near the Immigration Office car park (Jomtien Beach, Soi 5), between 0900 and 1130 am each Immigration working day. They can provide many services including document authentication.

THE GOLF SECTION OF PATTAYA EXPATS CLUB

- Substantial discounts on almost all golf courses in the wide Pattaya area.

For more info call Ossi Viljanen, Head Pro of the Golf Section Tel.: 0-8185-19620

CLUB INFO

MEMBERSHIP: New membership cards are laminated at the meeting.

Bring 1 passport photograph for a renewal and 2 to become a new Member. Life Membership is 600 Baht.

DISCOUNTS: Over 200 outlets offer discounts to members of the Pattaya Expats Club. Visa runs, restaurants, attractions, shops, sporting activities and much more, even beer bars. There is a list on the website.

HEALTH INSURANCE: the Club group discount policy from Thai Insurance Co. Ltd.,

is now the Club's official health insurance policy. It saves up to 60% on individual purchase. You must be younger than 60 though to join and up to 65 to renew via AA Insurance Co Ltd.

WEBSITE: The Pattaya Expats Club has a great website with lots of information.

The website has an average of 20,000 visits a day. www.pattayaexpatsclub.info. Register for our FREE weekly E Newsletter online on the home page by submitting your first name and email address.

PEC, EH !

Pattaya Expats Club has 5 Help Lines.
Call **084 3489 501** for general enquiries. For Christian spiritual comfort call **Father Theo Lewis 087 133 1601**. Legal emergencies either call Lawyer **Khun Katrena Wannasakda 089 244 9709** or **Khun Suthipong Trakulsak, 081 914 8193**.

PEC CORPORATE SPONSORS

Pattaya International Hospital
Nutrition Club Co., Ltd.
Key Visa Co., Ltd.
AA Insurance Brokers Co., Ltd.
Suthipong Law Center Co., Ltd.
AQUA Water Purification

PEC Visa Advice Desk

Darren McGarry from Key Visa Company attends Pattaya Expats Club on the "Visa & Immigration Information Desk" with all the latest updated information to answer all Club members queries.

Association of Thailand Expats Clubs

Pattaya Expats Club: 0-8434-89501.
www.pattayaexpatsclub.info
Chiang Mai Expats Club: 0-8532-10273
www.chiangmaexpatsclub.com
Koh Samui Expats Club: 0-8189-45323.
www.samuiexpats.com
Scandinavian Expats Club of Pattaya: 0-8152-36080.

PEC Free Lucky Draw Prizes

Each Sunday Meeting given by: The Nutrition Club, Globetrotter Restaurant, Euro-Optic.